

# PACKING LIST 2010

## Iroquois Springs Camp

Director: Mark & Laura Newfield

Winter Address	Summer Address
P.O Box 20126 Dix Hills, NY 11746 Phone: 631-462-2550 Fax: 631-462-0779	P.O Box 487 Rock Hill, NY 12775 Phone: 631-462-2550 Fax: 631-462-0779

### IROQUOIS SPRINGS REQUIRED UNIFORM

Qty. Suggested	Description	# Packed Going
100-300	Name Tapes	
16-48	Permanent ID Stickers	
1	Ash or Navy Sweatshirt (Any Style) Logo'd	
1	Ash Sweatpant (Any Style) Logo'd	
2	Navy Shorts (Any Style) Logo'd	
2	Navy Tees (Traditional or Fitted) Logo'd	
2	White Tees (Traditional or Fitted) Logo'd	
2	Yellow Tees Logo'd	
1	Cloz Anywhere Chair	

### ADDITIONAL APPAREL & ACCESSORIES

14	T-shirts - Polos	
3	Sleeveless Tanks/ Shirts	
4	Pair of Jeans or Khakis	
10	Pair of Shorts	
1	Belt	
2	Sweatshirts (Any Style)	
2	Sweatpants (Any Style)	

### UNDERGEAR

15	Pair of Underwear	
2	Undershirts (Any Style)	
15	Pair of Socks	
2	Sets of Warm Sleep Wear	
2	Sets of Lightweight Sleep Wear	

### BED & BATH

3	Blankets (Recommended 2 -Polarfleece 1 Sweatshirt)	
2	Fitted Cot Sheet Sets (Top, Bottom, Pillowcase)	
1	Standard Pillow	
1	Hooded Terry Bathrobe	
6	Bath/Beach Towels	
2	Washcloths	
1	Shower Organizer & Filler Kit (Soap, Toothbrush, Cup) Toothbrushes, Hair Brush, 3 Soap, 2 Shampoo, Nail Clipper, Talcum Powder, Box of Tissues, Plastic Cup	
1	Laundry Bag w/Name	

### OPTIONAL ITEMS

#### Basketball

1	Navy Basketball Shimmer Tank Top	
2	Pair of Basketball Sneakers	
1	Pair of Extra Shoelaces	

#### Soccer

1	White/Navy Soccer Jersey	
2	Pair of Soccer Socks	
1	Pair of Shin Guards	
1	Pair of Athletic Field Cleats	

#### Tennis

1	Visor or Cap	
1	Tennis Racquet w/Cover	
	Optional Wrist Band/ Head Band	

Qty. Suggested	Description	# Packed Going
<b>Roller Hockey</b>		
1	Navy Roller Hockey Jersey	
1	Pair of Roller Blades	
1	Helmet w/Face Shield	
1	Knee/ Shin Guard Unit	
1	Set of Elbow Pads	
1	Set of Hockey Gloves	
1	Mouthguard	
1	Athletic Supporter w/Cup	
1	Mesh Sport Bag w/Name for Equipment	
<b>Lacrosse</b>		
1	Navy Lacrosse Jersey	
1	Helmet w/Face Shield	
1	Lacrosse Gloves	
1	Lacrosse Stick	
1	Mouthguard	
1	Athletic Supporter w/Cup	
1	Mesh Sport Bag w/Name for Equipment	
<b>Baseball</b>		
1	White w/Navy Baseball Jersey	
1	Pair of Baseball Pants (Can use sweatpants)	
1	Baseball Glove	
2	Baseball Caps	
1	Athletic Supporter w/Cup	
1	Mesh Sport Bag w/Name for Equipment	
<b>Riding</b>		
1	Riding Helmet ASTM/ SEI Approved	
1	Riding Boots or Heeled Shoes	
1	Riding Jodhpurs, Tights or Jeans	
<b>Waterfront</b>		
3	Swimsuits (Girls 1-piece ONLY)	
4	Beach/ Bath Towels	
1	Pair of Texas	
	Sun Screen, Lip Balm, Nose Clip, Ear Plug, Swim Cap UV Protection Sun Shirt, Waterski Wet Suit	
<b>Camping Gear</b>		
1	Flashlight & Extra Batteries	
1	Water Bottle or Canteen	
1	Daypack/ Backpack	
1	Deet Free Insect Repellent	
<b>Outerwear</b>		
1	Lightweight Jacket/ Pullover - Vest	
1	Heavyweight Jacket	
1	Pair Rainy Day Shoes	
1	Rain Jacket or Poncho	
<b>Pack &amp; Ship</b>		
2	Soft Trunk w/Name	
1	Set Luggage Tags	
1	Stick Bag (if your child brings their hockey stick)	
1	Set of Golf Clubs and Cover (Optional)	
<b>Stationery &amp; Extras</b>		
4	Sets of Stationery & Stamps	
2	One time use or inexpensive Camera(s)	
	Books and Non-Electronic Games	
1	Set of Extra Eyeglasses	